

## MANAGEMENT OF TIME FOR MIDDLE CLASS WORKING MARRIED MAIDWOMEN IN NAGPUR CITY

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**Abstract :** Time is most valuable resource available to every individual and limited also. For day to day activities in order to achieve the goals time is an intangible asset. One recognizes its value and worth only when it is lost. A basic awareness along with practice and perseverance is necessary for proper utilization of time. Some people regard time as a material resource. But after thinking over all aspects it would be proper to regard as a human resource. Time can be measured in hours and minutes. One cannot increase time beyond twenty four hours a day or sixty minutes in an hour. In this sense it is very limited. This limit is common to all. It is the legibility or otherwise that decides the availability of time. But time is available in equal quantity to all. However, there could be a difference in work performed in a given time frame. There is no such difference between rich and poor, educated and uneducated, intellectuals and physical workers, as far as time is concerned. Time is a perishable resource. Time once lost never returns. So its management is very necessary for our maids also. Hence one has to utilize available time by planning to perform a task in a given period of time.

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### Introduction:

Nowadays due to high life style, both the husbands and wives jobs are mandatory. The employment and household responsibilities of the modern employed home makers keep them busy through the day. The pressing claim on their time leads to the problem of management of time at their disposal. This emphasizes the need to know about the time use and management pattern of employed woman, maids are by far the predominant single area of employment whereby they can meet the dual responsibilities with ease and comfort. In the same time home is more important for each and every individual. Hence presence of maid in home is mandatory for care taking of children, senior citizen as well as the whole home.

The study examines as to how married woman employed as maids manage the available time of twenty-four hours and realize the importance of this most restricted resource while scheduling their dual responsibilities.

### OBJECTIVES:

1. To check the effect of selected levels of employment of married women.
  - a. The importance of time as a resource.
  - b. The time management practices.
  - c. The time spent on various daily activities.

2. To understand the relationship between the importance of time to the women maids and their time management practices.
3. To study the mean time spent on various daily activities thereby establishing time norms for homemaking activities.
4. To observe the effect of type of family on the use of time for home making activities.
5. To study the effect of family life cycle on the use of time for home making activities.

### **Methodology:**

A survey for 50 married working maid women was taken. The age of married maid women was between 25 to 45 years because this period is crucial period of physical and mental development. Selected area for data collection was West Nagpur. General information of their family's equipment and their other facilities is available in their home. Importance of time as resource and time management practices was obtained through direct interview method.

### **Results and Discussion:**

The mean age of woman maid was 38.4 years. Almost 50 % maids educated and qualified up to 12<sup>th</sup> class and remaining 27% were undergraduate and 23% maids were graduate. In that 72% maids have permanent job in the bungalows. To strengthen the financial position and needs of the family were the reasons for employment in near rich people. There were 30 to 40% joint families. Family life cycle wise division related 80% families from expanding stage. In that case the total monthly income of those maids is near about 15000 per month. In the maids home only few equipment are available. That's why they spent more time in doing house hold task. They haven't any electric equipment in their home. They have spent 7 to 8 hours in bungalows. That's why they have needed to do time management practices in their own home. 45% maids have joint family and remaining 55% maids have nuclear family. That's why the time is varied. Only 47% maids have electrical equipment like mixture grinder and refrigerator. Family maids extended help in miscellaneous task but the percentage was meager. More than 42% maids had knowledge about time management process just as planning, controlling and evaluation. The informal way of time planning that is marital planning was practice by about 71% maids from the 3 consecutive steps of management.

While specifying the ways to achieve goals in time management more than 80% maids always rated on their high value scale, proper use of time and punctually, discipline in the use of time. The 24 hours of the day as spent by the married maid woman. 26 % maids are residential in the bungalows but remaining 74% maids are non-residential in bungalows. So in that 24 hours their 8 hours are spent in bungalows, 2 hours for traveling, 8 hours for sleep, 1 hour for getting ready for the job and remaining 5 hours are household tasks. So most of the maids follow the time management techniques, while completing their household tasks. Woman maid's time management varies in their income levels. 63% maids have salary between Rs. 10 to 15000/- per month and remaining maid's salary between Rs. 5 to 10000/- per month.

**Conclusion:**

Most the maids working in the bungalows were not satisfied with their salaries. Very few maids are regular in their jobs. Remaining maids are not following rules and regulations regarding household tasks. It was observed that, most of the maids follow time management skills and techniques.

**References:**

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